



TECHNICAL RULES SYNCHRONIZED SKATING

A. General Technical Rules in Synchronized Skating

Rule 950 (accessed 31/10/2017, <http://www.isu.org/inside-synchronized-skating/synchronized-skating-rules/regulations-rules-sys/file>)

Definition of the skate blade

Figure skating blades used during competitions must be sharpened to produce a flat to concave cross section without change to the width of the blade as measured between the two edges. However, a slight tapering or narrowing of the cross section of the blade is permitted.

Rule 951 (accessed 31/10/2017, <http://www.isu.org/inside-synchronized-skating/synchronized-skating-rules/regulations-rules-sys/file>)

CLOTHING

1. At ISU Championships and International Competitions, the clothing of the competitors must be modest, dignified and appropriate for athletic competition not garish or theatrical in design. Costumes may, however, reflect the character of the music chosen. The clothing must not give the effect of excessive nudity inappropriate for the discipline. Men must wear full-length trousers; no tights are permitted. Accessories, feathers and props are not permitted. Clothing that does not adhere to these guidelines will be penalized by a deduction (see Rule 843, paragraph 1.n).

2. The decorations on costumes must be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction, (see Rule 843, paragraph 1.n)

GENERAL TECHNICAL RULES IN SINGLE & PAIR SKATING AND ICE DANCE Rule 500

(accessed 31/10/2017 <http://www.isu.org/inside-single-pair-skating-ice-dance/figure-skating-rules/regulations-rules-fs/file>)

Definition of the skate blade

Figure Skating blades used during competitions must be sharpened to produce a flat to concave cross section without change to the width of the blade as

measured between the two edges. However, a slight tapering or narrowing of the cross section of the blade is permitted.

Rule 501 Clothing

1. At ISU Championships, the Olympic Winter Games and International Competitions, the clothing of the Competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. The clothing must not give the effect of excessive nudity inappropriate for the discipline. Men must wear full length trousers and must not wear tights. In addition, in Ice Dance, Ladies must wear a skirt. Accessories and props are not permitted. Clothing that does not adhere to these guidelines will be penalized by a deduction (see Rule 353, paragraph 1.n). For Ice Dance, exceptions to the restrictions may be announced by the IDTC if appropriate to the Rhythms selected for the Short Dance.

2. The decorations on costumes must be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction (see Rule 353, paragraph 1.n).